

All Kids Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30-6:30 pm 6:30-7:30 pm	6:00-7:00 pm 7:00-8:00 pm	10:00-11:00 am 12:15-12:45 pm 6:00-7:00 pm 7:00-8:00 pm	7:00-8:00 pm	9:45-10:45 am 10:00-11:00 am	8:30-9:30 am 9:30-10:30 am
Mar 11-16						10 min Warm Up Freeze Dance Rain Sticks
Mar18-23	10 min Warm Up Kids Yoga Cotton Ball Crawl	10 min Warm Up 20 min Workout Marble Art	(pm) 10 min Warm Up Twister Tic-Tac-Toe	10 min Warm Up 20 min Workout Marshmallow Play-dough	----- -----	10 min Warm Up Activity Dice Free Art
Mar 25-30 Spring Break	10 min Warm Up Shark Attack Movement Chain	10 min Warm Up 20 min Workout Bubble Art	(pm) 10 min Warm Up Body Spellers Snake in the Gutter	10 min Warm Up 20 Workout Q-Tip Painting	10 min Warm Up Elves, Wizards and Giants Volleyball	10 min Warm Up Balance Board Oobleck

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Apr 1-6 Spring Break	10 min Warm Up Penguin Walk Simon Says	10 min Warm Up 20 min Workout Chalk Art	10 min Warm Up Balloon Tap Spoon Race	10 min Warm Up 20 min Workout Paper Kite	10 min Warm Up Relay Race	10 min Warm Up 20 min Workout Shake, Rattle and Paint
Apr 8-13	10 min Warm Up Ping Pong Ball Bounce Jumping Limbo	10 min Warm Up 20 min Workout Mini String Art	(pm) 10 min Warm Up Alligator Alley Freeze Dance	10 min Warm Up 20 min Workout Paint Splat Art	----- -----	10 min Warm Up 20 min Workout Sensory Ball
Apr 15-20 Easter Weekend	10 min Warm Up Crab Walk 3 Legged Race	10 min Warm Up 20 min Workout Paper Plate Mask	(pm) 10 min Warm Up Potato Drop Red Light, Green Light	10 min Warm Up 20 min Workout Foil Art	----- -----	10 min Warm Up 20 min Workout Tissue Easter Chicks
Apr 22-27	10 min Warm Up Mirror Game Snowball Fight	10 min Warm Up 20 min Workout Marbled Wood Coaster	(pm) 10 min Warm Up Air Plane 3 Things Theater	10 min Warm Up 20 min Workout Name Plate	----- -----	10 min Warm Up 20 min Workout Fire Breathing Dragon
Apr 29-May 4	10 min Warm Up Twister Tic-Tac-Toe	10 min Warm Up 20 min Workout Wacky Sack	(pm) 10 min Warm Up Hot Lava Human Tunnel	10 min Warm Up 20 min Workout Marble Shaving Paint	----- -----	10 min Warm Up 20 min Workout Crayon Art

Preschool Kids Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00-11:00 am 12:15-12:45 pm		9:45-10:45 am 10:00-11:00 am	
Apr 1-6	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
Apr 8-13	----- -----	----- -----	10 min Warm Up Magnets and Metal Freeze Dance	----- -----	10 min Warm Up Basketball Art Bean Bag Balance	----- -----
Apr 15-20	----- -----	----- -----	10 min Warm Up Toilet Paper Roll Bird Feeder Ball Balance	----- -----	10 min Warm Up Paper Plate Bunny Mask Sticky Spider Web	----- -----
Apr 22-27	----- -----	----- -----	10 min Warm Up Threading Color Hunt	----- -----	10 min Warm Up Stamping Wheel Balloon Juggle	----- -----
Apr 29-May 4	----- -----	----- -----	10 min Warm Up Shape Table Kids Yoga	----- -----	10 min Warm Up Stacking Puzzle Hunt	----- -----

